

NEWSLETTER

Address: 14 Waimanawa Lane, Waiuku 2123 Telephone: (09) 235 6955 Facsimile: (09) 235 6951 Email: waiuku@cht.co.nz

Welcome Note Winter 2023

Welcome to new residents who have joined our community at CHT Waiuku. Many new friendships have been formed and some old ones renewed. Residents have enjoyed meeting, chatting and playing board games with students from Waiuku College as they complete their community service. Many new entertainers are frequent visitors to the facility which the residents are enjoying immensely.

Activities and Celebrations

Residents have been kept busy with many special celebration days.

Our bus trips have been embedded into the activity programme with residents now requesting a place on the bus and suggesting new places to visit. Two Operatunity shows have been enjoyed at the Papakura Theatre. Residents enjoyed an energetic morning of Ten Pin bowling with many laughs and new skills demonstrated.

Operatunity shows enjoyed by our residents at the Papakura Theatre



Residents decorated the care home to celebrate the Kings Coronation.

A mid-winter
Christmas lunch was
celebrated with
residents enjoying a
traditional lunch.
Special guests were
Lil, Neil & Colin who
make up the "Happy
Trio" and entertain
residents each

fortnight. Lil & Colin have now retired but Neil will continue as a solo act.

The facility was a hive of activity and fun as everyone joined in for "Pink Ribbon "day. Staff had purchased pink t-shirts and residents dressed in their finest pink outfit. This was a great community event as many local businesses donated gifts for the raffle. \$390 was raised for the Cancer Society. A big thank you to everyone who helped make this day such a success.

Matariki was celebrated with View Rd School Kapa Haka group performing for the residents. Waiuku College prepared a hangi with 400 portions of food available and residents enjoyed chicken, pork, mutton with vegetables cooked in this traditional way.



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Improvements and Initiatives

Our care home has had a bit of a facelift with doors and skirting being repainted, the outside painting is work in progress. Wall protectors have been added to corridor corners to help reduce damage from equipment and movement of residents and staff. The front reception door is due to be replaced with an electronic door which will aid access for everyone.

Welcome to Jacquena who is providing hairdressing services to residents on a Friday morning. This gives residents the choice of attending the hairdresser on Monday or Friday.

In April, a successful vaccination morning was held for residents and staff. The vaccinators attended from Waiuku Health Centre who enjoyed reconnecting with previous clients. Our residents remain vulnerable to viruses so please do not visit the care home if you are unwell.

Resident Stories

Born in Taihape, Ngaire lived rurally and was educated in a rural school with five other people, with Ngaire being the only girl. She rode 4km on horse to school each day. Ngaire met Ray when she was 20, and married him a year later on Valentine's Day. They had five children together.

Ngaire is very spiritual and a voice spoke to her asking her to place a stone in Edgecumbe displaying the Ten Commandments. The stone was acquired from Hinuera Stone and the commandments were hand carved. Ngaire was told to create this stone for the children of today who sometimes don't listen to their parents or the police but can take

Ngaire Cooksley



something away from the stone, a guide of how to live a good life. The stone was erected along the river bank in 1992, despite flooding the Ten Commandment stone remains intact.

Note from Unit Manager

Congratulations to RN Ritesh, Pranita and Akshay who have completed their Competency Assessment Programme and have gained NZ Registered Nurse registration. We are waiting for Ashneeta to complete her programme. Welcome to RN Gisela who is working pm/night shifts on a casual basis. Our new Healthcare Assistants are Tania, Yuyu, Nav, Hayley, and Angeline.

Please introduce yourselves if you can as this goes along way in making our new staff feel welcome and included. Thank you to everyone for their ongoing support, their assistance with activities and for being a part of our CHT Waiuku community. Navdeep, Rachel and Margaret are always available to assist residents and their families

Best Wishes
Unit Manager,
Margaret Ward
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