

Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: lansdownne@cht.co.nz

**Welcome Note**

**Winter 2023**

Aroha Mai! Tena Koutou. We hope you have been keeping warm and safe this Winter. CHT Lansdownne strives to ensure that our residents live their lives to the fullest. We are working towards everyone receiving a holistic lifestyle, helping your loved ones accumulate wonderful memories (maumahara) and laughs (katakata). The team will continue to promote in our commitment to Take Great Care of Older People through initiatives and programmes that demonstrates respect of different cultures and provides meaningful interactions for our residents.

**Activities and Celebrations**

There has been lots happening this season and we thought we would share activities and celebrations in pictures!

**Certificate of Appreciation received from the Ministry of Health for COVID-19 response**



**Mother's Day celebration, Cinco de Mayo Celebration, Compass Team and Mid Winter Lunch**



**Volunteer Ukelele group serenades our residents**



**Celebrating Cultural Day**



Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: [lansdowne@cht.co.nz](mailto:lansdowne@cht.co.nz)

## Improvements and Initiatives

CHT and Compass aims to improve the nutrition of our residents. We have introduced the minced and moist product to those residents who are on modified texture diets. These are residents who are unable to bite off pieces of food but have some chewing ability, or can bite off big pieces but cannot chew it down to little pieces that are safe to swallow. The products were presented to residents, whānau and staff to taste. We aim to support and develop our people and the staff at CHT Lansdowne are currently receiving in house training on Communication and Leadership. This program runs for 20 weeks.

## Resident Stories

Mr Theunis Botha with his wife and daughter during his birthday



Theunis moved to CHT Lansdowne in October 2022 and has enjoyed his time since. Theunis and his young family moved to New Zealand in 2003 and he worked with Kiwi Rail as a mechanical engineer and thereafter as an electrical engineer. The family did a lot of travelling around New Zealand and loved Christchurch the most. He loved sports and played cricket for the work team, as well as sailing small yachts. He had a love for classical music from a young age, then shifted to heavy metal, getting his knack with music from his grandfather, who was a violinist. He has two children and two beautiful granddaughters. Theunis says that even though the family are healthy and seem ok, he feels he did not fulfil his mission to make the world a better place for the new generations to come.

## Note from Unit Manager

May and Shabnam



Meet the new members of CHT Lansdowne. Unit Administrator, May is the person who greets you with a warm smile in the front reception and will assist you with any enquiries. Our new Clinical Coordinator, Shabnam is in charge of the clinical aspect of care. She facilitates and provides clinical oversight with the Registered Nurses and care staff.

*Whaia te kotahitanga o te wairua. Ma te rangimarie me te aroha e paihere.* Creating a supportive environment and

sharing the CHT Values of care, compassion and connection is important. By providing learning opportunities to our staff we hope to be able to demonstrate what it truly means to take great care of older people.

Best Wishes  
Unit Manager,  
Ricci Ybanez  
[Ricci.Ybanez@cht.co.nz](mailto:Ricci.Ybanez@cht.co.nz)