

## Welcome Note

Winter 2023

Kia Ora and welcome to our Winter Newsletter. We have had some chilly days and a lot of rain but we can live in the hope that every Winter has it Spring.

## Activities and Celebrations

### Mother's Day– Morning Tea



We have had quite a busy few months celebrating different events at Halldene.

We celebrated Mother's Day with a lovely High Morning Tea. Our ladies loved the beautiful setup and being spoilt with scrumptious treats.

In June we had our Mid-Winter Celebration, which was a Carnival. The residents and staff all had a wonderful day of fun and laughter. We also had family visit and bring along some little ones. We set up a lounge with various Carnival games for all to enjoy, along with a prize board that the residents could choose something from. A Balloon Twister walked around entertaining the residents with a choice of balloons. For afternoon tea we ate mini hot-dogs and had fizzy cool drinks. This brought so much joy and good memories.

### Carnival Games



We celebrated Matariki by sharing food (kai) and stories (pūrākau) with each other. Everyone brought up memories from the past and some from the present and good feelings were had all round. We also had a Matariki Scavenger Hunt and a morning of exercise, hunting for the 9 stars of Matariki. There were treats to share afterwards, that were enjoyed by all.

### Pub Lunch



Our Men's Group (and a wife) enjoyed a Pub Lunch at Irish Pub Muldoons in Orewa. There was much reminiscing done about Prime Minister Muldoon and others!

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## Improvements and Initiatives

We started a drive to set up and establish main dining areas at Halldene in May. With the help of our team, we set up, decorated and encouraged residents to dine in the Dining Areas. Studies show that Older Adults have better appetite and mood when they dine together in a communal environment. We have already started seeing a positive impact for some of our residents.

A big thank you to our wonderful team for embracing the change and putting our best foot forward for our residents!

## Resident Stories

Rhys



Rhys was born in Māngere, Auckland.

He attended Auckland Grammar and trained as a primary school teacher. He taught for a few years but then decided to go into acting, which he ended up doing for 60 years.

He joined New Zealand Players which was run by Richard Campion and his first 3 productions in New Zealand were Pygmalion, The Long and the Short and the Tall, and Romanoff and Juliet.

He then went to Europe to study mime and then on to England where he worked in television and on stage. He also directed plays and ended up in Australia working for the Royal Shakespeare Company. Finally when he retired he settled in Wainui, Auckland with his niece Michelle and her husband Murray. Rhys loved living in the country as it was beautiful and peaceful.

He now lives with our CHT Halldene family and is loved by so many. He entertains us with stories from the past. He is a keen Mahjong Player and enjoys playing this board game with some of our residents.

## Note from Unit Manager

It has been a pleasure to come back to work from maternity leave and meet our new residents and their families, thank you to everyone who have been so welcoming. We are so pleased to welcome Sam back as part of our Activities Team as she returns from maternity leave this month.

If you have any questions or concerns, please feel free to contact me.

Best Wishes

Unit Manager,  
Marilyn Menezes

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