

## Welcome Note

A very warm Haere Mai to you all. As you are aware I am due to retire in October so this will be my last newsletter for CHT Glynavon. I have been overwhelmed by the good wishes I have received since announcing my retirement. It has been a privilege to have worked with so many wonderful people and to care for the residents and their families over the past almost 29 years. I am sure my successor will continue to ensure that our residents receive the very best care they can.

## Winter 2023

### Activities and Celebrations

There has been plenty to celebrate over the past few months.

#### International Carer's Day



In May, we had the Kings Coronation and Mother's Day, which we celebrated with a High tea using the best of the china and cake stands.

In June, we had International Carer's Day, which we celebrated with a cake and afternoon tea for the staff.

Also in June, we had a mid-winter celebration with a Winter Wonderland theme and a turkey and ham meal, followed by pavlova, which was enjoyed by all.

In July, we celebrated Matariki with another celebratory meal and star themed decorations.

Te Puke Kindergarten children are becoming regular visitors. They love to show off their artwork or read to the residents and share in some morning tea. Some of the children were quite shy at first, but they are now becoming more confident when they visit.

Bus trips continue weather permitting, and our regular entertainers continue to provide musical enjoyment for our residents. The Ukulele group is always popular.

#### Ukulele group

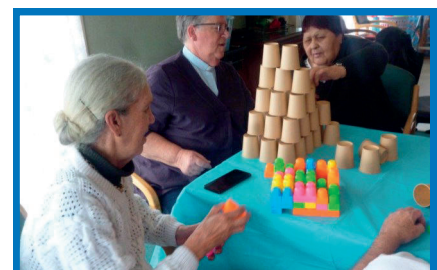


Anglican minister Ruth holds a "messy vintage" session once a month which usually involves some craft activity or a hand/eye coordination task. This is also popular with our residents.

#### Te Puke Kindergarten



#### Messy vintage



## Improvements and Initiatives

We are waiting eagerly for a start date for the refurbishment of the facility, and have had contractors on site recently to measure up and make plans.

Rest assured we will keep you updated on progress and we endeavour to keep any disruption to a minimum when a refurbishment is taking place. We look forward to the end result of a refreshed facility that retains its homeliness.

## Resident Stories

Bert was born in Bentleigh, Melbourne and had a happy childhood growing up with one sister. His father was an engineer in a truck factory.

Bert went to Mentone Grammar school and loved studying. He won a scholarship and went to Monash University to study economics, he says he studied for “a long time”.

Bert went on to become an economist with the Australian Government but moved to New Zealand when he married a kiwi girl. They had two sons. Bert retired at 29 and enjoyed spending time with his sons. Bert’s favourite hobby is table tennis.

Bert came to CHT Glynavon in November 2021.

**Bert Swindell**



## Note from Unit Manager

Navi, one of our internationally qualified nurses has gained his New Zealand Registration, and is now working as a Registered Nurse. Congratulations Navi.

Shayal, our other internationally qualified nurse is waiting on her New Zealand Registration.

I can't express my thanks to all the residents, family members and staff of CHT Glynavon for keeping me on my toes and providing me with a wonderful work environment for so long. I shall miss you all.

Haere rā

Best Wishes  
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