

## WELCOME NOTE

AUTUMN 2022

Welcome to our new residents who have chosen to join our community at CHT Waiuku. With many sunny days this past few months' residents have enjoyed the gardens, courtyards and many walks with their friends.

With borders starting to open residents have also enjoyed catching up with family members who have travelled from UK and Australia.

The garden furniture has been delivered which will be a great asset to the courtyards for residents and families to enjoy.

The garden group has been busy potting the planters with colourful seedlings such as pansies, impatiens and dianthus.



Target Shooting



## Activities and Celebrations

### Easter 2022

A popular activity here is Target Shooting and this Easter we stepped it up with Rabbit Shooting, but rest assured no animals were harmed in this activity!!!

The residents took great delight in shooting at the Easter Rabbits and Easter Chicks on the table and they all took turns to shoot at the two live CHT Bunnies, which was the Activities Coordinators dressed as rabbits!

Residents participated in making Easter bunting to help decorate the facility.

### St Patricks Day

Fun was had on St Patricks day with the Unit Manager telling the residents about Ireland and showing her Shilleagh (pronounced shi—lay—lee), a good luck symbol. A wonderful lunch of Guinness Irish Stew was enjoyed by all. Residents also had a drop of Guinness to toast the shamrock and St Patrick.

### Cake making



### Cultural

Our Indian residents gave a demonstration of how to wear a Sari. What an honour it was.

### Cake making and decorating

Residents enjoyed baking chocolate cakes. Three large chocolate cakes were baked one day and decorated with Easter treats the next day. The best part was day three when the cakes were eaten for morning tea.

### How to wear Sari



## Resident Stories

Bob was a successful jockey/trainer in the Pukekohe area. He started riding horses at a young age and developed a passion for the industry. He got a job as an apprentice jockey and would race all over the country winning some popular races along the way.

He met a beautiful young lady called Helen to whom he proposed. The wedding day was set for midweek as Bob would race most weekends. The weekend before the wedding, Bob's horse tripped in a race and Bob was thrown from the horse and he suffered a broken leg. He was sent to hospital where he stayed for 3 months.



**Bob Hackett**



The wedding proceeded as planned but the venue was now the hospital ward.

Bob was dressed in his shirt and tie, his brother was his best man and Helen arrived in her wedding dress attended by her sister as bridesmaid.

## Note from Unit Manager

It was sad to farewell Magdeleen and Relchie after 11 years of working at CHT Waiuku, as well as Val, Palka and Karly. We wish them all the best for their future adventures and retirement.

We are pleased to welcome new staff members Nina, Ria, Erin, Trish, Tibora, Kylie and welcome back Bridie.

Waiuku Health Centre visited the facility to roll out their flu vaccine program, with a good uptake for our residents.

We hope everyone keeps well over winter. As a reminder, please do not visit if you have any flu or cold symptoms, any concerns please contact Margaret or Marin.

Best Wishes  
Unit Manager,  
Margaret Ward  
[Margaret.Ward@cht.co.nz](mailto:Margaret.Ward@cht.co.nz)