

Welcome

Winter 2026

Kia ora and welcome

Whether you're new to CHT Te Awamutu or have been part of our community for many years, we're pleased to welcome you to our latest newsletter.

Life at Te Awamutu continues to be full of fun, connection and shared experiences. Residents and staff have enjoyed a wide range of activities, from games and creative projects to special events and outings.

We hope you enjoy reading about some of the highlights we've shared over the past few months.

Winter reminder

As we move through winter, please help protect our residents by postponing your visit if you're unwell, practising good hand hygiene and following any guidance from our team. Thank you for helping keep our communities safe.

Activities and Celebrations

**Rosetown Line Dancers**

The Rosetown Line Dancers brought plenty of energy and fun to CHT Te Awamutu, with residents enjoying an afternoon of music, movement and laughter.

Guided by the instructors, residents joined in the dancing, learning new steps while clapping, tapping their feet and sharing plenty of smiles along the way.

Visit from the Te Awamutu Fire Brigade

Residents were delighted to welcome the Te Awamutu Fire Brigade for a memorable visit. They enjoyed exploring the fire trucks, equipment and uniforms while learning more about the important work firefighters do to keep the community safe.

The visit sparked conversation and fond memories, particularly for residents who had supported or served with the volunteer fire service, making it a wonderful afternoon of learning, reminiscing and community connection.



Improvements and Initiatives



Music therapy

Residents are enjoying a new music therapy programme led by local facilitator Johana. Her interactive sessions encourage residents to sing, move to the music and play a variety of instruments, creating opportunities for participation, enjoyment and connection. Johana's warm and inclusive approach has quickly made her sessions a favourite, and she has become a much-loved regular visitor to our care home.

Resident Stories: Meet Graeme

Graeme moved with his family to a small North Island community as a young man before training in the meat industry, where he achieved outstanding success in a nationally recognised health qualification. In the early 1960s, he married Bev, and together they raised three children.

Over the years, Graeme worked in transport, ran several businesses and built homes for his family. Known for his practical skills, strong work ethic and willingness to help others, he also gave generously to his community through volunteer organisations and local clubs.

Today, Graeme is a proud grandfather and great-grandfather. We're delighted to welcome him to the CHT Te Awamutu community and look forward to the many friendships and connections he will make here.



Note from the Care Home Manager

Thank you to our residents, families and staff for the wonderful support you continue to show one another. Your involvement, encouragement and enthusiasm help make CHT Te Awamutu such a vibrant and welcoming community.

Over the past few months, we've shared many memorable activities, events and celebrations that have brought us together. We look forward to the opportunities ahead and to creating many more special moments with you.

Thank you for being such an important part of our community.

Best wishes,

Manjinder Kaur
Care Home Manager
manjinder.kaur@cht.co.nz