

Welcome

Winter 2026

No two days at CHT St Christophers are ever quite the same, but they all have one thing in common: the people who make our care home such a welcoming community.

Over the past few months, we've shared celebrations, discovered new interests, welcomed visitors and created plenty of memorable moments together.

We hope this newsletter gives you a glimpse into everyday life at St Christophers and the stories that have brought us together.

Winter reminder: As we move through winter, please help protect our residents by postponing your visit if you're unwell, practising good hand hygiene and following any guidance from our team. Thank you for helping keep our communities safe.

Activities and Celebrations



Mohinder is buckled up and ready for the next adventure.

Life beyond our front door

Getting out into the community is an important part of life at St Christophers, whether it's a scenic drive, exploring somewhere new or simply enjoying time with friends. Every outing offers residents the chance to experience familiar places from a new perspective while creating new memories together.

Our Activities Coordinators, Joanne and Carmelite, work alongside residents to plan experiences that reflect individual interests and encourage connection, confidence and independence.



Sione and Pila enjoying a day out at Hunua Falls.

Recent highlights have included a visit to beautiful Hunua Falls, where residents enjoyed the fresh air, spectacular scenery and great company. For some, the destination is the highlight; for others, it's the excitement of climbing aboard the bus, sharing stories along the way and enjoying the journey together. Every outing is another opportunity to connect, explore and make lasting memories.

Meet our new chef



A warm welcome to Rowena

We're delighted to welcome Rowena Tautalaga to St Christophers as our new chef.

With more than 10 years' experience in aged residential care, Rowena understands the important role good food plays in everyday life. She is passionate about creating meals that are both nutritious and enjoyable, with menus tailored to residents' individual preferences and dietary needs.

We look forward to sharing many delicious meals with Rowena and are delighted to welcome her to the St Christophers team.

Resident Stories: Meet Betty White

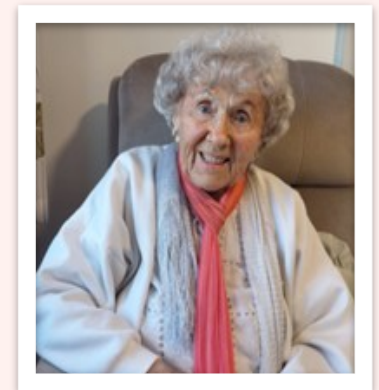
If you've lived in Papatoetoe for a while, there's a good chance you'll recognise Betty White.

Betty has called Papatoetoe home since 1951 and, alongside her husband, owned the original New World supermarket in the township. Many locals will remember her friendly smile behind the checkout, where she became a familiar face in the community.

Outside of work, Betty enjoyed line dancing for more than 30 years, a hobby she still loves today.

Betty says moving to St Christophers has been a new experience after living such an independent life. She remains determined to do as much as she can for herself and approaches each day with a simple philosophy: "Live each day as if it were your last."

Always smiling and quick to share a laugh, Betty has become a much-loved member of the St Christophers community.



Note from the Care Home Manager

St Christopher is known as the patron saint of travellers, making his name a fitting one for our care home. Every resident's journey is different. Some arrive with familiar routines, others are beginning a new chapter, but each person brings their own story, experiences and aspirations. Our role is to walk alongside them, providing the care, comfort and companionship that help them continue living life in a way that is meaningful to them.

At St Christophers, we believe care is a partnership. We are here to support residents to maintain their independence, respect their choices and help them achieve what matters most to them. It is a privilege to share this part of their journey with them.

Warm regards,

Niccy Brougham
Care Home Manager
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