

## Welcome

Winter 2026

Nau Mai, Haere Mai · Fun Ying · Afio Mai · Malo e Lelei · Namaste · Bula · Sawubona · Welkom

### A warm welcome to our Winter newsletter.

At CHT Lansdowne, the many cultures, languages and traditions within our community help make our noho kāinga tiaki (care home) a place of warmth, connection and belonging. Over the past few months, we've shared special celebrations, everyday moments and experiences that have brought residents, families and staff together.

We hope you enjoy reading about some of those moments and catching up on life at Lansdowne.

### Winter reminder

As we move through winter, please help protect our residents by postponing your visit if you're unwell, practising good hand hygiene and following any guidance from our team. Thank you for helping keep our communities safe.

## Activities and Celebrations



The colder months have brought many opportunities for connection, enjoyment and celebration within our care home. Residents have taken part in a wide range of activities, including arts and crafts, games, music, exercise, baking and socio-cultural performances. These experiences promote wellbeing, encourage friendships and create meaningful moments for our noho kāinga tiaki (residents), whānau (families) and ngā kaimahi (staff).

Celebrating the diverse cultures that make up our community has remained an important focus, with special events, armchair travel experiences, shared meals and cultural performances bringing people together throughout the season.

Residents have also continued to enjoy meaningful everyday activities that promote independence, purpose and wellbeing.

Chinese dumpling making, painting, clay modelling and familiar household tasks such as folding and sorting laundry, ironing, sewing and setting tables have encouraged residents to use existing skills and remain engaged in daily life.

Gardening, music, tactile exploration and reminiscing sessions have provided additional opportunities for creativity, relaxation and reflection.

## Improvements and Initiatives



### Improved wayfinding

New wayfinding signage has been introduced throughout the care home to help residents find their way more easily, particularly those living with cognitive challenges or changes in vision.

Clear, large-print signs with consistent colours, symbols and wording have been installed to improve confidence, support independence and make navigating the care home easier for residents and visitors alike.

### Cultural Presentation Series

Our Cultural Presentation Series has provided residents, families and staff with opportunities to celebrate the many cultures within our care home. Through music, storytelling, cultural displays, traditional clothing, food and shared experiences, residents have explored customs and traditions from around the world while sharing their own. These presentations continue to celebrate the diversity that makes our care home such a special community.

## Note from the Care Home Manager

Your feedback plays an important role in helping us continue to improve the care and support we provide at CHT Lansdowne. We encourage all residents and whānau to take part in our Care Home Customer Satisfaction Survey and share their experiences with us.

All responses are anonymous and help us understand what's working well and where we can continue to improve. Your feedback is shared with our team as part of our ongoing learning and quality improvement. Thank you for your continued support in helping us make CHT Lansdowne a place where care, comfort and connection thrive.

Ngā manaakitanga

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