

Welcome

Winter 2026

Welcome to the latest edition of the CHT Hillsborough newsletter.

Our care home is a place of laughter, friendship and connection, where residents, families and staff share many special moments together. In this edition, we're pleased to look back on some of the activities, celebrations and memories that have made the past few months so enjoyable.

Winter reminder

As we move through winter, please help protect our residents by postponing your visit if you're unwell, practising good hand hygiene and following any guidance from our team. Thank you for helping keep our communities safe.

Activities and Celebrations

**A special milestone**

Congratulations to Gordon and his wife on celebrating their 61st wedding anniversary. It was a privilege to mark such a remarkable milestone and celebrate a lifetime of love, commitment and shared memories.

We wish them continued happiness and good health in the years ahead.

Celebrating culture

Our care home is enriched by the many cultures represented within our community. Throughout the year, residents enjoy celebrating occasions such as Waitangi Day, Chinese New Year, Diwali and Samoan Language Week, providing opportunities to share traditions, learn from one another and celebrate our diversity together.

Resident-led activities

At CHT Hillsborough, residents play an active role in shaping the activities programme, choosing experiences that inspire, engage and bring them joy. This resident-led approach encourages independence, choice and a continued sense of purpose while creating opportunities to build friendships both within our care home and with residents from other CHT communities.

Improvements and Initiatives

Resident and whānau engagement

Following feedback from residents and whānau, we'll now hold an additional residents' meeting every six months at around 6pm, alongside our regular morning meetings. The after-hours sessions are designed to make it easier for families to attend and take part in discussions and decision-making.

Medication management

Additional staff training and refresher sessions have strengthened medication management, supporting safe and consistent care for residents.

Care home improvements

Following recent skylight leaks during periods of severe weather, all faulty skylights have now been replaced, improving comfort, safety and wellbeing throughout the care home.

Resident Stories: Meet Wilma

Kia ora from our proud Māori resident, Wilma.

Wilma has been part of the CHT Hillsborough community for the past three years. She has a deep appreciation of Māori culture and generously shares her knowledge, helping others learn about its traditions and values.



A passionate gardener, Wilma takes great pride in caring for the care home's plants and enjoys music, friendship and spending time with others. She is always willing to support fellow residents and encourages everyone to stay active and involved in community life.

Ngā mihi nui, Wilma, for the kindness, wisdom and warmth you bring to Hillsborough each day.

Note from the Care Home Manager

Thank you to our residents and whānau for your ongoing support and feedback. Your comments help us continue to improve the care and services we provide.

Over the past few months, it's been wonderful to see residents enjoying the many activities, celebrations and everyday moments that make CHT Hillsborough such a welcoming community. Thank you to our residents, whānau, volunteers and staff for everything you do to make our care home a special place to live and work.

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