

Welcome

Winter 2026

Kia ora

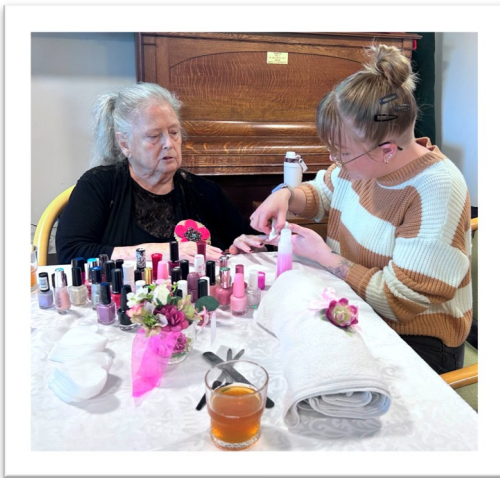
A warm welcome to our newest residents and their families. We hope you're settling in well and already feeling at home at CHT Bernadette.

Life at Bernadette continues to be full of activity, with regular outings, shared experiences and plenty of opportunities for residents to connect and enjoy themselves. We hope you enjoy catching up on some of the highlights in this edition.

Winter reminder

As we move through winter, please help protect our residents by postponing your visit if you're unwell, practising good hand hygiene and following any guidance from our team. Thank you for helping keep our communities safe.

Activities and Celebrations



Mother's Day celebration

Mother's Day was celebrated with a special afternoon of pampering and relaxation.

Residents enjoyed beautifully painted nails, soothing hand massages and refreshing facials, creating a spa-like experience in the care home.

Filled with smiles, laughter and plenty of conversation, it was a wonderful way to celebrate the remarkable women in our community.

St Patrick's Day celebration

Residents embraced the spirit of St Patrick's Day by dressing in their finest green outfits and accessories.

A lively performance by the Golden Groovers Ukulele Group had everyone singing along and tapping their feet, while themed treats and refreshments added to the festive atmosphere.

It was a fun-filled afternoon that brought residents, staff and visitors together to celebrate.



Improvements and Initiatives

Maintenance work is underway in the Pilot Bay Wing to replace the hot water main ring pipe running through the roof space. This project will continue for some time, and we appreciate your patience while the work is completed.

Thank you to everyone who attended our Resident and Family Meeting in May. Your feedback is always valued and helps guide improvements across our care home.

A reminder that if you are bringing in electrical items from home for a resident, please let us know first so it can be safety tested before use.

Resident Stories: Meet Maree

Born in Melbourne and raised in Tauranga, Maree treasures memories of catching the bus into town with friends before taking the ferry to the Mount. One of those childhood friends would later become her husband. Together they raised three sons in Hamilton before returning to Melbourne, where they worked hard to buy their family home.

At 28, Maree developed Type 1 diabetes, and after experiencing a number of complications, she moved to CHT Bernadette just over a decade ago.

Today, she enjoys seeing her mum regularly and keeping in touch with her family, including her three grandchildren. What Maree loves most about Bernadette is the caring staff, who she says make Bernadette truly feel like home.



Note from the Care Home Manager

Thank you to our residents, families and staff for your continued support and understanding as improvement works continue around the care home. These upgrades are designed to enhance the comfort of our residents while supporting a safe environment for both residents and staff.

It's also wonderful to see so many residents enjoying our activities programme, with regular events and outings continuing to bring people together.

Your feedback is always valued and helps us continue to improve. Thank you for being such an important part of the Bernadette community.

Warm regards,

Raman Kaur
Care Home Manager
raman.kaur3@cht.co.nz