

Welcome

Summer 2026

A warm welcome to the new residents and families who have joined us recently – we hope you are all settling in well.

We also welcome new staff member Maria Gulles and our new volunteer, Jarman Kaur, who both joined us in February. Maria brings more than 15 years of aged care experience. Jarman has overseas nursing experience and will be providing compassionate visits for residents while also assisting with activities during the week.

Congratulations as well to Jennifer Ragadi, who has recently been appointed Activity Coordinator. Jennifer will be working four days a week in the Buckland area. We wish her all the best in this new role.

Activities and Celebrations



In late 2025, residents enjoyed a Christmas carol performance by the local Kids Count preschool children.

In December, we were excited to welcome the MUGS Marian Ukulele Group, who performed a fantastic concert for residents. The visit came about through one of the MUGS members being a friend of our resident, Trevor Hodson, and it was a wonderful show.

The Residents and Families Christmas Party was held on 17 December 2025 and was a well-celebrated occasion. We also appreciated the Kedgley Intermediate School students, who spent half a day helping to set up the Christmas tree and decorations at the Garden area.

Residents were also treated to a special visit from the Ukulele Kids Ministry of Jesus First Christian Ministries Central, who sang Christmas carols and played ukulele, bringing joy to everyone through music.

A special three-hour van outing to see the Christmas lights in the city was another highlight and was thoroughly enjoyed by residents.

Summer moments

In January, residents enjoyed a summer BBQ on the outdoor deck. Everyone appreciated the chance to spend time outside together while enjoying fresh salads and fruit.

We also continue to value the contribution of our Residents Committee, whose involvement helps shape many aspects of life in our home. Each member was recognised and thanked by staff for their contribution.



Improvements and Initiatives



Over the past six months, we have focused on reducing incidents of skin tears and bruising. This has involved reviewing causes, strengthening interventions, and providing additional education for staff. We are pleased to see a steady reduction in incidents each quarter – a great result and a reflection of the team’s commitment.

Keeping residents active and motivated remains a priority. Our activities team continues to introduce meaningful and enjoyable experiences, including new physical activities such as ball games. These sessions help improve coordination and balance, while also encouraging social connection.

The Buckland lounge has been filled with laughter and energy during these games, creating a positive and engaging atmosphere for everyone involved.

Resident Profile: Florrie

Florrie Leului celebrated her 100th birthday on 14 February – a wonderful milestone, made even more special as she was born on Valentine’s Day.

To mark the occasion, we arranged for her to receive congratulatory cards from the King and the Prime Minister through the Department of Internal Affairs. Residents and staff also created a large birthday card filled with warm wishes.



The celebration was well attended, and we thank our Activities Coordinators for organising and supporting the many visitors who came to celebrate with her. It was a joyful and memorable occasion for everyone involved.

Florrie was born in Samoa and has spent most of her life in New Zealand. She joined Parkhaven in 2019 and has been part of our community for almost seven years. She enjoys Samoan music and songs, as well as attending in-house church services. Many will also remember Florrie from her time working at both St Christophers and Parkhaven as a Healthcare Assistant.

Note from the Care Home Manager

Our residents’ Christmas tree was entered into the Eldernet Annual Christmas Decoration Competition. It was a unique and special display, and we were pleased to see it recognised on Eldernet’s Facebook page. Thank you to our residents for your creativity and enthusiasm in taking part.

With the flu season approaching, we have arranged for vaccinations to be provided by Walls and Roche Pharmacy after 1 April. Registered Nurses will be in touch to obtain consent. Thank you also to residents and families who completed the Customer Satisfaction Survey. Your feedback is important to us and helps guide our ongoing improvements.

Best wishes,
Stella Ma
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