

Welcome

Summer 2026

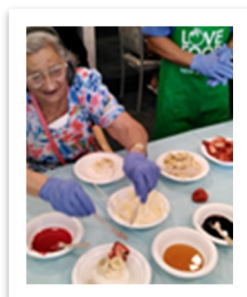
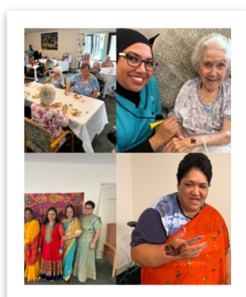
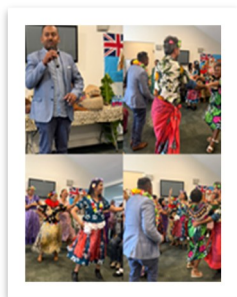
At CHT Lansdowne, we enjoy many shared moments and meaningful connections among our ngā kainoho (residents), whānau (families), and manaaki (team).

A reminder that COVID booster vaccinations and flu vaccinations will be offered to residents. Our team will speak with residents and families to discuss consent forms and provide assistance where needed.

Activities and Celebrations

Our activities programme includes a range of meaningful, everyday tasks such as cupcake baking, cooking, and other household-style activities that reflect familiar daily routines. These experiences help residents maintain independence, build confidence, and enjoy social connection in a supportive environment.

The programme also includes activities designed to stimulate cognitive skills and fine motor coordination, including puzzles, art, crafts, and gentle hands-on tasks. Bingo remains a favourite and always brings plenty of laughter and friendly competition.



Visit from the MP for Flat Bush, celebrating and representing the Fijian community, with residents enjoying cultural activities including henna art and sari-wearing.

Celebrating culture and community

We also enjoy celebrating cultural traditions within our home. Activities such as henna art, wearing traditional attire including saris, and cultural appreciation days give residents and staff opportunities to share their identities, traditions, and experiences while fostering an inclusive environment.

Throughout the year, we also celebrate special occasions together, creating joyful moments, shared memories, and a strong sense of community among residents, families, and our care team.

Whānau participation in activities is always encouraged, as it strengthens engagement, nurtures relationships, and supports continuity of care for our ngā kainoho (residents).

Improvements and Initiatives

3-day continence assessment initiative

Led by the care team, this initiative involves structured monitoring of residents' continence patterns over a three-day period. It helps identify individual toileting routines, fluid intake patterns, mobility needs, and potential triggers for incontinence. The approach supports more proactive continence management by aligning care with each resident's needs, promoting independence, and encouraging responsible use of resources.

Improvements and Initiatives

Restraint reduction

Restraint elimination prioritises residents' dignity, rights, and independence. Staff use least-restrictive approaches such as environmental adjustments, meaningful activities, mobility support, and regular clinical reviews to maintain safety.

This reflects a structured, person-centred approach, supported by staff education, restraint alternatives, whānau engagement, and multidisciplinary collaboration.



Resident Profile: Faatatau (Tu) Savelio

Within 24 hours of arriving at CHT Lansdowne, I knew I had found my home.

In July 2023, I came for what was meant to be a short respite stay. The charm of the place was undeniable, but it was the warmth of the people that truly captured my heart. I called my daughter Shirley and said, "Please speak to the manager – I want to make this my permanent home."

Before coming to CHT, I lived a full and active life. In Samoa, I worked as a hairdresser and ran my own business – creating beauty with my hands and building lasting friendships. When I moved to New Zealand, I brought those skills with me, working in rest homes and offering a familiar touch to those around me. It's funny how life turns – now I'm on the receiving end of the care I once gave.

Choosing to stay has been a blessing for my family as well as for me. Shirley and her husband can focus on work, my granddaughter can enjoy school, and we can spend quality time together without worry. The staff are attentive and genuinely caring. With delicious meals each day, plenty of activities, and the freedom to enjoy both community and quiet moments, I've found a place that truly feels like home.



Faatatau (Tu) Savelio.

Note from the Care Home Manager

To help us care for residents' garments appropriately, we kindly ask families to ensure all clothing is clearly labelled with the resident's name. Delicate fabrics are best taken home for hand-washing. If these garments remain at the care home, we encourage families to securely stitch labels onto them.

Labels are available from Susan, our administrator, to help prevent them from coming off during laundering. We look forward to continuing to build strong connections with families and residents, sharing moments of comfort, care, and community.

Best wishes,
Ricci Ybanez
Care Home Manager
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