

Kia ora and welcome to our newsletter.

As the seasons change, it's a good moment to reflect on the many activities, connections, and special moments shared in our home.

To our new residents, we understand that moving into a new home can bring many adjustments. New surroundings, new routines, and new faces can feel overwhelming at first. Please know that you are warmly welcomed here at CHT Glynavon. Our team is committed to creating a supportive and caring environment where everyone is treated like family, and we hope you will always feel comfortable and at home with us.

Activities and Celebrations



Residents enjoying a trip to the beach.

Over the summer months, our home was filled with a wide range of activities.

When the weather allowed, residents enjoyed walks around the neighbourhood and bus trips to the beach, making the most of the fresh air and good company. Along the way, shells were collected for a Valentine's Day craft activity, flowers were admired, and birds were watched in flight.

These simple moments outdoors brought plenty of smiles and a wonderful sense of connection with nature.

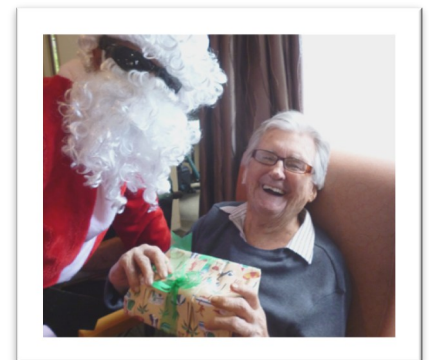
We also held a wonderful residents and whānau Christmas party, with many families joining us to enjoy food, music, and time together with their loved ones. Santa made a special visit, sparking memories of childhood Christmases and the excitement of receiving gifts. The



Bridget and Te Waru enjoying a creative moment together.

Ukulele Strummers provided lively music and singing that could be heard throughout the home.

For Waitangi Day, residents came together to celebrate and reflect. They created a korowai to display in the home, practised poi, sang Māori waiata during their sing-alongs, and enjoyed Māori fry bread kindly made by a fellow resident.



Rod and Santa sharing a cheerful moment.

Improvements and Initiatives



We're pleased to share that a new air conditioning unit has been installed in the upstairs lounge. Residents can now enjoy a cool space during hot weather and a warm, comfortable area during the colder months.

This improvement adds to the comfort of our home while maintaining the warm, homely environment our residents value.

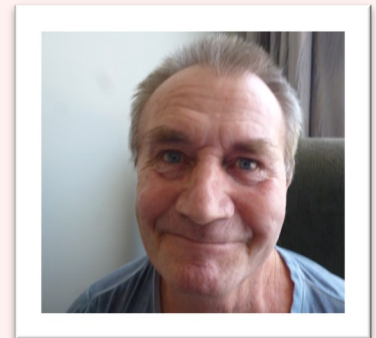
Resident Profile: Doug

Doug was born in Putāruru into a large family of eight children – four boys and four girls. His father worked at the local timber mill.

At 14, Doug left school and began working on farms. After work he often took on odd jobs to earn extra money, including collecting and delivering hay bales for four cents each. Doug never liked sitting still and preferred to keep busy.

Later in life he worked for the Borough Council on the roads gang, where he enjoyed being outdoors and working alongside good people.

These days Doug enjoys doing crosswords and watching television. He is happily settled at Glynavon, enjoying a quieter pace of life.



Doug enjoying a quiet moment at Glynavon.

Note from the Care Home Manager

I would like to thank our residents and their whānau for your continued support and trust in our team. The relationships we build with residents and families are at the heart of our community, and your encouragement and feedback help us continue to grow and improve.

Your support means a great deal to our staff and motivates us to keep providing thoughtful, respectful care every day. We look forward to continuing to work together to make Glynavon a warm, supportive, and welcoming home for everyone.

Best wishes,

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