

## Welcome

Summer 2026

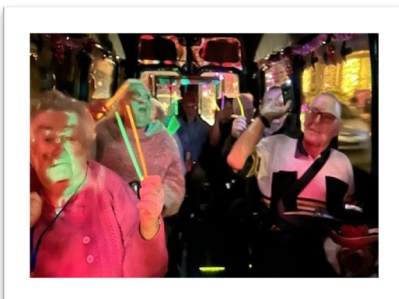
Kia ora and welcome to the CHT Carnarvon newsletter.

A very warm welcome to our new residents and their whānau. We hope this new chapter brings opportunities for friendship, connection, and new interests.

The start of summer was marked with a barbeque in the first week of the season, where we were fortunate to enjoy beautiful weather. The idea of starting and ending the season with a barbeque – along with a visit from Mr Whippy – was one of many positive suggestions to come from our monthly resident meetings.

These meetings give residents the opportunity to meet with the Care Home Manager and share their thoughts and ideas. We also warmly encourage families and whānau to attend and contribute if they wish. Our aim is to ensure the services and activities we provide reflect what residents want and enjoy – and they're always lively and enjoyable gatherings.

## Activities and Celebrations



We continued our regular weekly outings, visiting places such as One Tree Hill and Mission Bay, and enjoying coffee and cake at Muffin Break.

A particular highlight was the evening trips to Franklin Road and MOTAT to see the Christmas lights. Residents toasted the festive spirit with a glass of wine or orange juice while sharing stories of Christmas past and the gifts they had chosen for their grandchildren.

## Seven days of Christmas

At Carnarvon, Christmas celebrations were spread over seven days, with a different theme each day. Feedback from both residents and families was very positive. We were pleased to welcome our Area Managers, Tina from CHT and Viv from Compass, who joined us for the Christmas lunch. We were also delighted by a surprise appearance from Elvis.

Alongside our regular activities, including pet therapy, we also enjoyed visits from well-known Kiwi country singer Steve Tullock.

Steve provides wonderful entertainment through both his music and his stories – some of them very tall tales.



## Improvements and Initiatives



Ben, our new Clinical Coordinator, has introduced several new approaches to strengthen communication between residents, families and whānau, and GPs.

While these initiatives are still in the early stages, we believe that alongside the new format for Multi-Disciplinary Team (MDT) meetings, they will lead to clearer communication and positive improvements in care and collaboration.

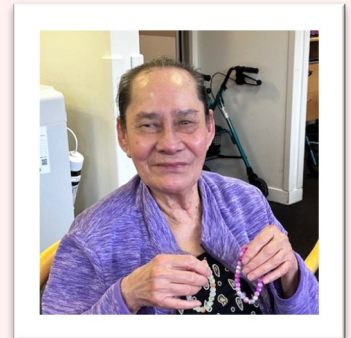
## Resident Profile: Siniue

Siniue hails from the beautiful island of Samoa. She was born to a Samoan mother and a Chinese father. Soon after her birth, her father returned to China, and Siniue was raised by her stepfather, who cared for her as his own. She was the only daughter in the family.

Encouraged by her mother, Siniue studied up to Year 10. When her mother became unwell and was unable to work, Siniue began working as a sales assistant to help support the family.

At the age of 23, she met Popo. After dating for a year, they married and welcomed their first two children. The couple later moved to New Zealand to begin a new chapter in their lives, where they were blessed with more children.

Siniue has passed on many important values to her family, including faith, the importance of education, and respect for elders. She also loves traditional Samoan dance (siva), attending church services, and taking part in the daily activities here at Carnarvon.



## Note from the Care Home Manager

Thank you to Siniue for sharing her story – a story of resilience and faith.

We were also sad to bid farewell to our kaumātua, Isobel. Isobel lived at Carnarvon for the past four years before deciding she would like to move closer to her son and his family in Taupō.

Isobel embraced her Māori identity later in life, reconnecting with her heritage in her forties. In her sixties, she graduated with a Master's degree in Te Reo Māori and was instrumental in supporting the development of our Māori Health Plan. We wish her well in this next chapter and will greatly miss her smile and aroha.

Ngā manaakitanga

Best wishes,

Gerry Fennelly

Care Home Manager

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