

Welcome

Summer 2026

Kia ora to all our residents, families and friends,

Welcome to the CHT Amberlea summer newsletter. While the weather hasn't always been reliable, we can always enjoy the magnificent views from our lounges. Watching the sun rise and set from Amberlea is simply stunning.

Getting to the home has been a bit of a challenge recently due to road works along the Algies Bay thoroughfare, but we hope these will be completed soon.

Residents enjoyed a BBQ on 15 January, with Chef Bernard manning the grill. Mini burgers, sausages and fresh salads were on the menu, and the smell of the BBQ drifting through the air was a sure sign of summer.

## Activities and Celebrations



*Residents enjoying a sunny picnic at Martins Bay.*

Residents have enjoyed a range of outings and activities organised by the team, with plenty of opportunities to get out and about.

Recent highlights have included relaxed picnics, visits to library reading groups, and shopping trips. These outings offer residents a chance to enjoy a change of scenery while spending time together.

Time in the community is always appreciated, whether it's browsing local shops, joining a reading group at the library, or simply enjoying a picnic and good conversation.

## Improvements and Initiatives

During 2026, a number of improvements are planned across Amberlea to enhance both resident rooms and shared spaces.

Our maintenance officer, Stephanus, inspects each room before it is reoccupied. This provides an opportunity to refresh blinds and curtains, repair any cracks in the plaster, and check window seals to ensure rooms remain comfortable and well maintained. Plans are also underway to replace the three kitchenette areas with updated and improved facilities. The deck on the top floor is also scheduled for replacement as part of ongoing maintenance and upgrades.

### Enhancing systems and shared amenities

We are also working towards moving away from paper-based records, with more information stored safely in electronic systems. This will make records easier to access while reducing the need for bulky paper storage. Residents can now enjoy Sky TV in the three lounge areas, offering a wider range of films and documentaries. Classic black-and-white movies have already proven particularly popular with residents on the ground floor.

In addition, two new heat pump and air-conditioning units have been installed on the ground floor to help maintain a comfortable indoor environment year-round.

## Resident Stories

A group of residents regularly comes together for the arts and crafts programme at Amberlea. These sessions provide a relaxed and enjoyable opportunity to spend time together while exploring creativity and trying different craft activities.

When special occasions are approaching, the group enjoys designing handmade cards and decorations, including creations for events such as Valentine's Day. Craft sessions often involve a variety of materials and techniques, with residents sharing ideas and encouraging one another as they work.

Jewellery-making is another popular activity, with beads used to create colourful and unique pieces. These creative moments not only produce lovely handmade items but also bring plenty of conversation, laughter and a sense of achievement.



*Residents enjoying jewellery-making as part of the arts and crafts programme.*

## Note from the Care Home Manager

The team at Amberlea continues to focus on ways to enhance the daily lives of our residents while maintaining high standards of care.

I meet regularly with our registered nurses, healthcare assistants and activities team to review how things are going and to ensure we remain focused on both quality clinical care and a welcoming, comfortable environment for residents.

As people who use our services, your feedback is always welcome and helps us continue to improve. Please feel free to share any suggestions or comments with us.

Best wishes,

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