

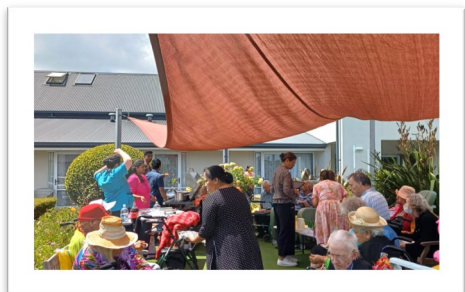
Welcome

Summer 2025

Welcome to the Summer 2025 edition of our newsletter from CHT Hillsborough Care Home! As we embrace the warmer months, we're excited to share all the wonderful moments and activities that bring our community together. Our residents and staff continue to inspire each other, creating a vibrant, supportive environment for all. This newsletter highlights the latest events, special milestones, and upcoming plans, showcasing the heart and soul of Hillsborough Care Home. Thank you for being a part of our whānau—let's make this summer unforgettable!

Activities and Celebrations

"Fun, food, and great company! Our Summer BBQ was a hit with residents and staff enjoying good times together."



We are dedicated to enhancing the physical, psychological, and emotional wellbeing of our residents. Our recreational therapy activities aim to reduce stress, boost self-esteem, and encourage independence. Regular participation in group activities promotes social connections and helps residents stay active while learning new skills. This Summer, we've offered a range of engaging activities.

Our Evening Van trips have taken residents on scenic tours to enjoy the city's night lights and Harbour Bridge, while Day Picnics and Shopping Days provide exciting outings. We also celebrated cultural events, such as Waitangi Day and Chinese New Year, featuring special performances like karakia, waiata, Kapa Haka, and Line Dancing.

Weekly musical concerts, happy hours and fortnightly trolley runs with ice creams and snacks are much-loved traditions. Our special celebrations—Valentine's Day, Mother's Day, Father's Day, and International Day of the Older Person create memorable moments. Regular spiritual services, birthday celebrations, and pet visits bring extra joy to our residents.

We are committed to offering personalised, person-centered activities that foster connection, joy, and a strong sense of community.

Celebrating the spirit of Chinese New Year with our wonderful residents and families. A day filled with joy.



Improvements and Initiatives

Strong voices, strong community!
Dorothy and Yoga leading the way at
our Residents Committee meeting.



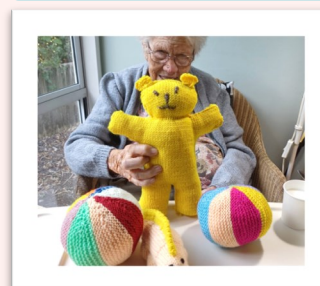
We're delighted to share that following our Ministry of Health Certification Audit in November, we've received 4 years of certification along with two Continuous Improvement awards—one for our activities including evening van outings and the other for our falls prevention management. These results are a testament to the hard work, dedication and teamwork from our staff, as well as the ongoing support from our residents and whānau. We are incredibly proud of this achievement! Additionally, our wing names will be updated to Manukau Harbour and Ambury Park, reflecting local connections and we've formed a New Residents Committee for independent discussions.

Resident Stories

Let's extend a warm welcome to Jean Collis, who has been a cherished member of our Hillsborough whānau since 2023. Jean had a long and fulfilling career as a passionate primary school teacher. After marrying and starting her own family, she chose to dedicate herself full-time to raising her children and later, her grandchildren. Jean is fortunate to have a very supportive family who visits her daily and she proudly shares that she is blessed with many great-grandchildren.

Jean is an avid knitter and her talents go beyond just crafting for herself. She has donated numerous blankets to the SPCA, knitted gifts for our expecting staff members and even created colourful softballs for our residents to use in games and exercises. We are truly grateful for her generosity and the love she shares through her knitting.

Jean Collis



Note from the Care Home Manager

Thank you for all the valuable feedback we've received. Your input is vital, as it helps us improve the care we provide—not just for your loved ones, but for all residents at CHT Hillsborough. We are committed to continuously empowering our team to upskill and ensure the highest standards of care. This will enable us to promote and uphold the core values of CHT, creating a nurturing, safe, and supportive environment for everyone. We truly appreciate your ongoing support in this journey!

Ngā manaakitanga

Best Wishes
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