

Welcome Summer 2025

Tēnā koutou katoa and welcome to our Summer Newsletter. As the days get hotter, and the sun even brighter, I hope you have been enjoying this lovely weather, as well as chilling under our outdoor umbrellas by the dining deck.

Another season to welcome our new residents, whānau and friends who have recently joined our Glynavon community. We hope you are settling in well and are making yourselves comfortable. We look forward to getting to know you better and ensuring we are meeting your needs.

Thiry and Sharon



Activities and Celebrations

We have had a full calendar of activities this season with a wonderful Christmas party full of laughter and love for each other; the residents were delighted with Santa

giving out gifts and the memory tree was full of well -wishing notes for whānau that are missed.

Residents enjoying Chinese New Year



Chinese New Year was celebrated with an afternoon tea with Chinese themed food and drinks and armchair travel to learn more about the Chinese

culture and the meaning around the Year of the Snake.

The Bingo Club



Bingo is a very popular activity with our residents—there are many advantages to playing Bingo, not just for socialisation, it helps with hand-eye coordination, number recognition and listening skills to mention a few. The room is always full with residents hoping to win a prize and cheers when they call out 'BINGO'.

We also have some amazing entertainers that come in regularly to sing and play their instruments and the bus trips are always popular especially when the weather is lovely.



Improvements and Initiatives

Curtains for our Rest Home Wing



We are delighted to see the new set of drapes hanging in the Rest Home lounge; it brightens and refreshes the area. We have also replaced the older curtains in some of our rooms.

Our kitchen received some new equipment such as a double-door freezer and a wall-mounted water boiler which will help to continue to maintain the health and safety of our residents.

Resident Stories

Brian showing off his walking stick



Brian grew up in Nelson on a sheep farm, with his two brothers and four sisters. He liked to keep busy and there was always something to do on the farm.

When Brian moved to Whanganui he was a little bored so found this piece of stick by the river and made it into a walking stick. His friends liked his work and wanted one too. He got himself a lathe and made many more walking sticks. "I like to be busy, and working with wood is a wonderful hobby". Brian keeps himself busy at CHT Glynavon by walking and talking with the other residents.

Note from the Care Home Manager

I am very grateful to our residents and their whānau for your support and trust in me and my team as we continuously work together to ensure that Glynavon is a place where residents are happy and well cared for.

Lastly, as we continue to enjoy the warm weather, just a gentle reminder to stay well hydrated!

Nāku noa, nā Care Home Manager, Imelda Sigue Imelda.Sigue@cht.co.nz