

## Welcome

Summer 2025

Kia Ora Koutou, welcome everyone to our Summer Newsletter. A warm welcome to all our new residents and families.

Summer is here and we hope you have been able to make the most of the beautiful weather we are having. We are well into the New Year and with it comes the hot weather. To keep cool our residents have been sitting in some nice shady areas in our gardens when outdoors and when indoors our fans and keeping the doors open during the day helps with this too.

## Activities and Celebrations

*Residents at Pilot Bay*

## Weekly bus trips

Bus trips are a favourite activity for our residents and recently they enjoyed an outing to Pilot Bay, Mount Maunganui. With a cup of tea or coffee and a biscuit, our residents relaxed in the sunshine and enjoyed watching the ships at the nearby port, the kayakers and families swimming in the calm water. We are very fortunate to have such a beautiful spot so close to CHT Bernadette.

## Resident Christmas Party

We held our residents' Christmas party on 13 December. Everyone had a great time, tucked into yummy finger foods, sipped on a cool glass of fruit punch, cracked open the Christmas crackers and popped on a party hat. Santa handed out Christmas presents to all our residents. The Mount Ukulele Group entertained our residents with their festive music.

We made a Christmas raffle basket and our residents, families and staff were keen to purchase tickets. The winner of the basket was our Care Home Administrator, Gail.

*Christmas Party 2024*

## Improvements and Initiatives

Compost has been added to our garden areas. The Tomato plants and Zinnias were grown from seed, supplied by our Go Bus van driver Brian and his wife. Cherry tomatoes are producing and our residents enjoy picking and tasting these fresh nutritious little fruits. The flowers and vegetables have created visual appeal for our residents, families and visitors to enjoy. Our residents recently enjoyed a barbeque lunch in our garden courtyards. With our lovely outdoor spaces and bench seats, our residents had the opportunity to spend time amongst the garden pots brimming with flowers and vegetables.

*Our Garden Pots*



## Resident Stories

*Trish Simmonds*



Hi, my name is Trish and I am 68 years old. I have one brother and one sister. I was born in Tauranga and grew up in Mount Maunganui.

I was married at 17 years old and have six children. I travelled to Hong Kong to stay for the birth of my grandson and Argentina for the birth of my granddaughter. I have sixteen grandchildren and three great grandchildren.

I am very happy at CHT Bernadette and thoroughly enjoy our art room. My new hobby is Diamond Art. A big thank you to the Activities Coordinators for everything they do.

## Note from the Care Home Manager

It has been a busy start to the year. Thank you to all the residents and families for your continued support. We had a very successful Certification Audit at CHT Bernadette in January. Thank you everyone who assisted the Auditors during their visit to Bernadette. It has been a privilege meeting and working with everyone at CHT Bernadette and I wish you all a very happy, healthy year.

Kia Kaha

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