

## Welcome

Summer 2025

Welcome to our Summer newsletter. Below you will see a phrase which Oliver, one of our activities assistants, has used in his article: Kia whakatōmuri te haere whakamua | I walk backwards into the future with my eyes fixed on my past. May our way be guided by those before us, so that those coming after us may too bear a rich inheritance of wisdom, honour, compassion and respect. This statement shows the important role our residents have played in their past and will continue to do so. They have contributed so much to society by means of their culture, their experiences, their teachings and their personalities and although these may change over time, the memories and the learnings will linger for many a year.

*Beach Haven activities team sharing ice-cream and Chinese treats with the residents*



## Activities and Celebrations

Kia Ora Kotou.

Ko Oliver toku ingoa. Ko Rimutaka te maunga,  
Ko Akatarawa. Ko Northcote ahau.

Greetings everyone, my name is Oliver. Rimutaka is my mountain and Akatarawa is my river. Recently, the Lunar New Year and Waitangi Day gave me inspiration to build my theme around Kitanga Māori and a view of culture in general. From Austria to Armenia, and from Croatia to China, our residents represent a diverse melting pot of cultures. This

strengthens the realisation that the care and support we provide is not a "one size fits all" approach, but rather one that acknowledges each person's unique life journey.

At Beachhaven, we attempt to capture some of the magic of culture through decoration, music, stories and other forms of celebration. In commemoration of Waitangi Day, a Māori meeting (hui) was organised for four of our Māori residents, in which we opened with a prayer (karakia), introductions (mihi) and heard from our residents about Māori culture and history. This was an opportunity to come together in a spirit of acceptance, inclusion and respect.

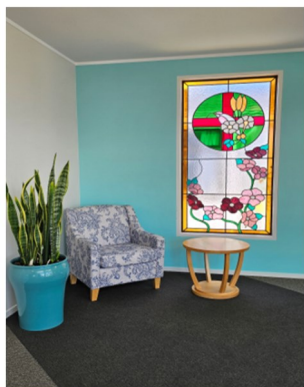
While supporting our residents who have largely entered the latter stage of their journey, we are reminded of remembering our roots. Kia whakatōmuri te haere whakamua | I walk backwards into the future with my eyes fixed on my past.

*Four Māori residents participating in a hui on Waitangi Day*



## Improvements and Initiatives

### Front Reception



Since our last newsletter, you will have noticed the transformation in reception with the bright new walls. Our kitchen renovation is now complete with a complete refurbishment, including new appliances.

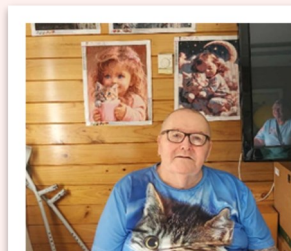
Other refurbishment to look forward to will be a refresh of the gib and painting in the East Wing to lighten and freshen up those areas. Painting of other common areas will also occur. We are aiming to install shade in some of our outside areas. We are currently working on making our whānau room double as a sensory room where residents can be taken for quiet time and to experience various forms of sensory stimulation.

## Resident Stories

Martin Calder was born in Swindon, England in 1960, moving to New Zealand when he was 11. His first job was colouring metal wear, dipping nails and screws into colours to change them to the colour of chrome and brass. He also worked as a cobbler and later an electrician, installing neon lights. Martin's first marriage produced a daughter. In 1991, he met the love of his life, Shona, whom he knew for 20 years before marrying her and becoming stepfather to her 6 children. Martin also has 16 grandchildren and 6 great-grandchildren.

Martin has enjoyed outdoor pursuits such as hunting, fishing and diving. These days he can now be seen indulging in his passion, Diamond Art, on a daily basis. He has a wall in his wing where a small amount of his work is displayed. He is very proud of this.

### Martin Calder



## Note from the Care Home Manager

We continue to focus on improving our environment and in the future you will see new flooring drapes and signage. We will be renaming our wings so that Tui B and D will be called Tui Park and Tui Glen, Kowhai A and C will be Kauri Park and Kahikatea Park and East Wing will be Shepherds' Park. Some of the rooms will also be renumbered so that the numbering is more logical than at present. This renaming will probably occur in a few months' time.

Thank you for your continued support of our residents and of the staff. It is always great to see everyone visit.

Ngā manaakitanga

Best Wishes  
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