

Welcome Summer 2025

Dear family, resident, visitor, welcome to CHT Amberlea! We have a multicultural, international, highly trained team of staff on site who look after your loved one 24/7. These includes, Registered Nurses, Health Care Assistants, Activities Coordinators, Physiotherapists, General Practitioners, Dieticians, Cooks, Cleaners and laundry services and not forgetting our CHT maintenance team, Stephanus, who is our resident 'handy man' he visits us 3 times per week-Monday Wednesday and Friday. I am always happy to talk and help you with any of your queries, as is, our wonderful Care Home Administrator-Vikki.

## **Activities and Celebrations**

Beautiful work by our residents Gardening Group! - Lorrie, Helen and Betty!



After all the recent Christmas Celebrations December 2024, our Activities team are busy every week preparing bus trips out to coffee mornings, and of course, local beaches, Algies Bay and Martins Bay.

Activities Coordinator Marie, Dee, Bonnie and Chrissy (weekend) - have put together a rich schedule for the coming months.

Special events such as Valentine's Day, Waitangi Day and St Patricks Day.

Coffee mornings and shopping trips to Warkworth.

Daily events and the weekly Men's Group, Women's Group and of course our Amberlea Gardening Group.

A walk around the Amberlea facility showcases our flowers and the work of the Residents Gardening Group.

There have been Swan Plant-butterflies, in the Dementia Unit and seasonal trees and a plants in every area.

Amberlea feels and looks vibrant and alive!

One of the many flower plantersmaintained by our resident gardening group at Amberlea-beautiful work!





## Improvements and Initiatives

Facility Car Park in front of Dementia Unit-new re-laid concrete-February 2025



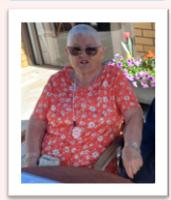
We are pleased to announce that the repairs to the front car park to Amberlea, which was damaged following the weather events, has now been completed. A new traffic island has been created for the site services. which will be planted and landscaped by our gardening team. There will be some additional marking of disabled car parking which still needs to be done to finish off, but otherwise, it is all ready to be used. Thank you for your patience while this work was carried out, we appreciate that it did cause a shortage of parking on site.

## **Resident Stories**

Lorrie Lambert moved to CHT Amberlea last year from another care home. She thoroughly enjoys living at Amberlea and says that it truly feels like home.

During her time at Amberlea, Lorrie, who is a retired Diversional Therapist, has contributed to the enrichment of the lives of other residents by running an exercise group every Monday morning in the main lounge, running word games and guizzes and also helping to run the Amberlea Ladies Gardening Group. She says that because 'she still feels useful and is able to contribute' she truly feels part of the Amberlea family.





## Note from the Care Home Manager

Thank you everyone, families, staff and visitors, for continuing to provide the rich environment that is home to the residents of CHT Amberlea. We are always especially grateful for the team of willing and able, local volunteers, who visit our site weekly to provide entertainment, music and companionship. Contractor will be continuing the work to repair the front car park drive way, on the right hand side exit between February/March 2025. We appreciate your patience and please observe safety signage in place.

Ngā manaakitanga

**Best Wishes** Care Home Manager, David Halewood david.halewood@cht.co.nz