

Welcome

Summer 2025

Kia ora, welcome family and friends of CHT Acacia Park to our Summer 2025 newsletter!
A very Happy New Year to you all.

With the warmth of the summer days, more of our residents have been able to spend time outside each day taking in the fresh air, while others have simply been enjoying the picturesque views that we have from our care home, from the colourful gardens, glistening Tauranga Harbour, or the delightful Omokoroa Village and beyond to the Kaimai Ranges. We share with you in this newsletter some of the events from the early Summer months.

Activities and Celebrations

CHT Acacia Park celebrated Christmas with residents and families at our Christmas Party on 12 December 2024 with mouth-watering food, desserts, wine, punch, lemonade and beers. Suzie entertained residents and families, singing Christmas Carols with a fabulous stage presence. The Party was not complete without Santa Claus, who distributed gifts to the residents. Christmas is a time to celebrate together with families, friends and significant others. A big thank you to our fabulous residents and families for their attendance.

At our Art Exhibition, residents displayed their art work and the crafts done over the past year during weekend activities. Residents shared their knitting, painting, embroidery and jewellery making skills. The exhibition ran for one week and families and friends came along to view. We acknowledged each and everyone's creativity, artistic talent and participation.

Christmas 2024 Celebration



Art Exhibition – Jewellery, Crafts and Artwork



Improvements and Initiatives

Residents enjoying live music from the Ukelele band



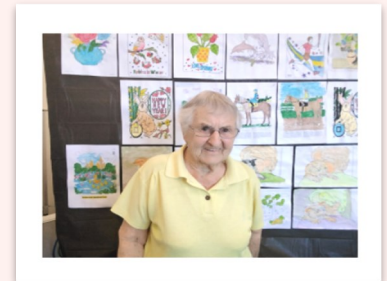
We have installed an air-conditioning unit in the main activities lounge, to help keep the residents cool, particularly during the mid-summer heat.

We acknowledge the importance of music therapy for our residents. There is comfort and a sense of identity listening to music that is familiar. The right music can encourage the resident's fitness level to dance to the groove. In turn this helps our residents maintain independence by improving muscle strength, flexibility, heart health, bone density and balance.

Resident Stories

I am Nola. I was born in Palmerston North. I had three children, two girls and one boy. I got married at the age of 20. My husband was in the Navy during the war, he later learned the trade and became a Plumber. I was a hairdresser, I worked for my grandfather who owned a hairdresser shop. My grandfather went to England to learn hairdressing. My son followed in the footsteps of my husband and also became a plumber, he owns a plumbing business. We have a tennis court on our property, I played a lot of tennis and ping-pong. Tennis is enough exercise alongside of taking care of my children. I have been involved in all group activities at CHT Acacia Park. I am one of the lucky ones to be able to take part with good mobility. I go for a daily walk out in the garden.

Nola Butcher



Note from the Care Home Manager

Thank you for your understanding and patience while I have been managing two CHT care homes, Bernadette and Acacia Park. I am now looking forward to spending more time catching up with the wonderful residents and families here at Acacia Park.

We recently had a spot audit, as expected there were very few concerns and I am delighted with the outcome. I wish to thank you all for your continued communications and support as we work together to maintain our high standard.

Ngā manaakitanga

Best Wishes
Care Home Manager,
Gurjit Kaur
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