

Welcome

Winter / Spring 2024

Kia Ora

It is such a joy to see the accents of colour in our hedges, trees and garden beds around our care home and in our neighbourhood. Jeanette Benterman (CHT Gardener) has started a journey of transformation around our gardens. If this Spring is a hint of what she has done, Summer will be even more colourful and exciting.

Residents and Visitors are invited to step on out to enjoy both the sunshine and added Vitamin D while having a cuppa or an al fresco meal outdoors.

Activities and Celebrations

Valame Burt and Maurice Martin alongside the new raised bed outside Suite 8



Bus Trips continue to provide a vital link with our Community with visits to the Winter Gardens on cold days and Cornwall Park on warmer days to see the lambs, bluebells and daffodils. Some trips are planned in advance and some are amended to suit what residents feel they want to do.

The Activities Team organised some great entertainers with Rhea and her team at Kauri Academy sharing their talent in music and dance for our Cultural Diversity Day in August.

The Arts and Crafts Sessions and Women's' Club proved very popular, our gents have also had a special session on the same day in July.

Another very special musical event was a repeat visit from the popular Super Troopers Group, who are all over 80 years of age. This talented ensemble played the accordion, a fiddle and a guitar and received a very warm welcome from a large group of residents, visitors and even staff who enjoyed the many oldies that they played for us for over an hour.

Father's Day on 1st September was made extra special with a gift for each and every gentleman in our care home. Elizabeth Howard (Diversional Therapist & Activities) made sure each resident had what they wanted (beer, socks, magazines, etc.)

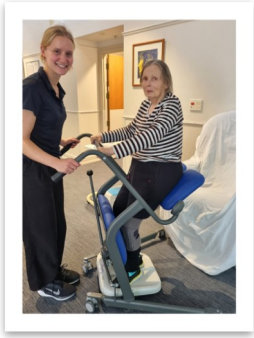
All residents share in our daily activities on a regular basis and this has led to new friendships and fun for all.

*Roy McLellan
enjoying Fathers Day*



Improvements and Initiatives

*Mhairi Fraser (Physio)
and Bobbie Carter with
our new Koval Hoist*



We are delighted to have Mhairi (our new Physio) on board as she has some innovative ideas for helping to improve positioning and augmenting our Falls Prevention Program with new Strength & Balance sessions for Residents.

To support this we have purchased two Koval Hoists which help a wider group of residents to engage in these exercises in a safe and secure way.

We have started some upgrades of furniture and fittings with an order of new armchairs, a sofa and recliners due out soon.

At the end of October work will commence on a full replacement of the kitchens in Suites 7, 8 and 9.

Resident Stories

Maureen is a chatty and sunny lady who told us about her schooldays in New Plymouth as a young girl.

Maureen was fortunate to spend a lot of her childhood after this travelling and living in different places around the world.

Maureen is married to David Atkinson—the loveliest of husbands—and is blessed with three daughters. Maureen mostly did clerical work in offices when she was not raising her family and lists her passions as being her cat, ice skating and travelling.

Waiheke has been home for Maureen for the past 40 years and she was an active member of the community and was President of the RSA for some time.

Maureen Atkinson



Note from the Care Home Manager

A reminder to everyone visiting or living here, we do value your feedback and ideas through email, in person, on our handy Feedback Forms or in the Monthly Surveys. Your ideas and suggestions are welcome

In closing off this Newsletter, I want to thank all the Visitors, Family and Staff who make our Care Home such a special place.

Ngā manaakitanga

Best Wishes

Care Home Manager,

Jenny Vollmer

jvollmer@cht.co.nz

Our dedicated Night Team celebrating Anju Issac receiving her L4 Dementia Certificate - Well done!

