

Welcome

Winter / Spring 2024

Kia ora tātou! With Winter now behind us and Spring on its way, we invite you to embrace the seasons with our latest newsletter.

Exciting events have taken place at our care home, and we look forward to sharing some inspiring stories and updates with you.

Activities and Celebrations

Matariki



We had a meaningful and wonderful celebration of Samoan Language Week. Our Residents were given an opportunity to learn a few Samoan words and a little about Samoan culture. Our Samoan ladies entertained them through cultural dances and songs. This activity fosters cultural appreciation and brought a meaningful engagement with the residents. They

really loved the singing and dancing.

We celebrated the Māori New Year (Matariki) by learning and singing Waiata (Māori songs), poi dancing, and sharing kai (food). The residents enjoyed every moment.

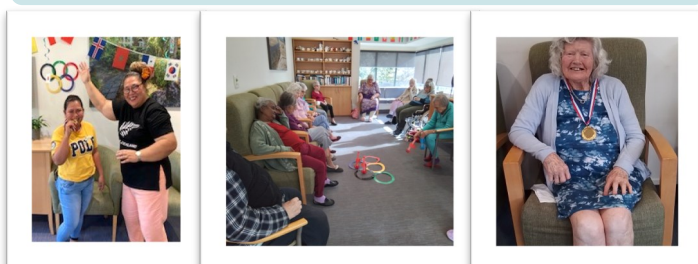
We focused on outdoor activities that encourage social interaction and physical activities that beat the winter blues. We hosted an outdoor bingo game and a cooking activity on the deck. Raine, a popular entertainer, delighted everyone with her accordion music. We also had a great time at the High Tea party as a part of our Mid Winter Celebrations.

We integrated our celebration of the Cultural Diversity Day with Olympics 2024. Residents and staff engaged in various friendly competition and activities while also learning about various cultures. The winners received medals and trophies to acknowledge their participation and efforts. This activity fosters a spirit of community and connection among the residents and staff.

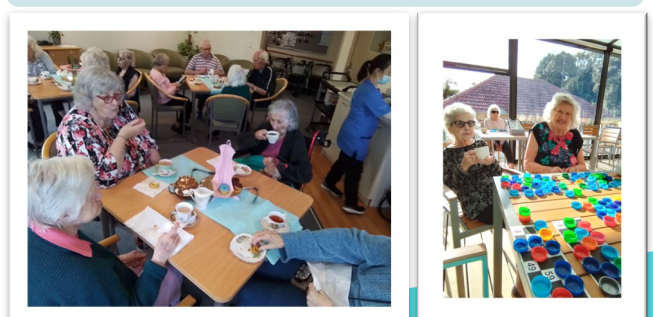
Samoan Language Week



Cultural Diversity/Olympic 2024



Mid-Winter Celebration



Improvements and Initiatives

Deck Renovation



The renovation of our deck and barbeque area is complete! The new design has created a more comfortable and inviting space for everyone to enjoy. Thank you for your support and wonderful comments, we hope it continues to be a favourite spot for all. We've also started indoor painting, with a fresh new look to make our spaces brighter and more inviting. We appreciate your

patience and look forward to unveiling the newly painted areas soon!

Our Knitting group's thoughtful gesture of making winter socks for other residents is one of a kind. Their handmade creations and generosity exemplifies the sense of community in our care home.

Resident Stories

Dianne is one of our newer residents. She has a passion for music, having been a member of a ukulele group, and she also enjoys playing the piano.

She used to love playing tennis and was a great support to her daughter, who is a florist.

She is known for being kind, friendly, helpful, and thoughtful, always ensuring that other residents feel comfortable and safe. She actively assists the team by setting up the tables and tidying up the lounges after activities. Dianne also participates in most activities, especially those that are cognitively stimulating.

Dianne



Note from the Care Home Manager

Nau Mai Haere Mai to our valued additions to the team, our new care staff Sangeeta and Wilma. We bid our farewell to our care staff Abhi and Manpreet. We appreciate their hard work and wish them the very best. We continue to welcome new residents and their families. We strive to ensure that the move from living at home to joining our community is as warm and caring as possible. I would like to thank you all for your ongoing support here at CHT Peacehaven. Please feel free to reach out to us; we welcome your thoughts, comments and suggestions anytime.

Ngā manaakitanga

Best Wishes

Care Home Manager,

Christine Ombao

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