

Welcome

Winter / Spring 2024

Kia Ora and welcome to our Winter / Spring newsletter.

A warm welcome to new residents and families who recently joined CHT Parkhaven, we hope you all setting well. Spring is here and as the weather starts getting warmer, we are going to have more outdoor activities for residents, including preparing the raised garden bed for our residents to plant flowers and vegetables.

Welcome new staff Moureen Lata, Pratibha Narayan and Nitika Prasad, we are thrilled to have them in our team and excited to support them every step of the way.

Activities and Celebrations

Mid Winter celebration and cultural language celebration



A Mid-Winter celebration with residents and families was held in July. It was great to see some families able to join the party and spend quality time together with their loved ones.

We celebrated Tongan language week and Cook Island language week in August. Staff learned Tongan words and participated in Hula dance as part of Tongan and Cook Island cultural celebration with residents.

We celebrated Māori Language week in September with a Māori words quiz board game. A cultural day celebration was held in August as well, with a shared afternoon tea with residents and staff dressed in their cultural outfits. We spoke about our outfits and the significance to our cultures.

With a focus around Father's Day, in August our 'special man's' van outings to the city and local areas included Eden Park Stadium and Auckland Port to see the big sailing ships. Residents reminisced about the old days watching All Blacks and the first Americas Cup.

We also booked Sir BJ to come for Balloons and Magic shows.

The Spring Carnival theme celebration in September was well supported by staff and residents. Activities staff invited residents and staff to participate in making healthy and fresh dishes, as well as a fun "Spring Fashion Parade" where six residents were judges and there was voting for the best dress and the best performance.

Spring Carnival celebration



Activity Noticeboards and Hairdresser Room



Improvements and Initiatives

We added four activity noticeboards in two lounges which show our weekly and monthly activity program, Code of Rights with different languages, residents' activity photos, birthday celebration photos and theme celebration notices. Residents gave us lots of positive feedback about the new boards and it's a great way to see what's happening.

New hairdresser Shirley Chen started in September and we prepared the hairdresser room onsite, adding comfortable chairs in the hairdresser room and removed other unnecessary furniture to make a welcoming space and enough space for wheelchair access as well.

Resident Stories

Tyron Andrew came to CHT Parkhaven in January and is settling well. Tyron came from a big family and has 7 brothers and 4 sisters. Tyron's father is a Māori French and his mother is a Māori Chinese, so its also a multicultural family.

Tyron loves Chinese food, and he can use chopsticks very well. He enjoys cooking and preparing food. Tyron also likes to play badminton, bowls, sit dance and bingo. He enjoys most of the activities at the care home.

His nieces and friends visit him often and that keeps him busy. Tyron catches the bus sometimes to visit Mangere East Library to play table tennis with young people there.

Tyron Andrew



Note from the Care Home Manager

We are saddened to share the news of the passing of our beloved cat, Dolly, who had been a cherished member of our community for 20 wonderful years. Dolly brought joy and comfort to so many residents and her presence will surely be missed.

As a gentle reminder, we encourage residents and families to complete the Customer Service Survey. Your feedback is invaluable to us, as it helps us understand your experiences and continually improve our services. Thank you for your ongoing support and we look forward to seeing you at our upcoming events including Cannie's Friend Pet Therapy and entertainer, Lloyd Thumbado. Ngā manaakitanga

Best Wishes

Acting Care Home Manager,

Stella Ma

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