

Welcome Note

Winter / Spring 2024

Welcome everyone to our Winter/Spring Newsletter and a very warm welcome to all our new residents and their families. It is lovely to see all the new families visiting with their children and pets.

We hope you stayed warm and healthy during the Winter season and are ready for Spring.

Our families have been bringing in lots of citrus fruits, including lemons, oranges and mandarins to share with everyone.

Activities and Celebrations

Preschool Visits



We regularly have visits from the local preschool and our residents love the interaction, activities, singing, story telling and balloon games with the children.

Our residents experience the joy of watching the children playing and can lead to friendships and bonds with these delightful young people.

Mid-Winter Celebration



Our Mid-Winter Celebration was enjoyed by our residents with a delicious feast for lunch. Our staff celebrated with a shared afternoon tea with lots of yummy savoury and sweet treats.

Décor Garden Centre



Our residents enjoy regular outings and a very popular place is the local garden centres. The residents wander around the garden centres and choose plants for our garden pots. We have residents who were not gardeners in their younger years but now enjoy planting, watering and weeding the garden pots.

Improvements and Initiatives

Clothing labels:

Just a friendly reminder to all our families, any clothing for residents, please write the resident's name on the clothing item with a marker pen or laundry marker and give to our staff for heat press labelling. This is to ensure that all clothing is returned to the correct resident.

We are delighted to have Nursing Students joining us periodically at CHT Bernadette. As part of their learning they interact with our residents and families and enjoy the stories our residents share. The feedback from our residents about the students has been very positive as it is always nice to meet a new face.

Resident Stories

Mark Smith was born in Newtown, Wellington. His father was a tram conductor and also a jockey in his younger years, but was thrown by a horse at the Foxton races and gave it away after that. After fighting in the First World War and returning home, Mark's father worked at the Wellington City Council.

As a child, Mark and his friends would cycle everywhere. Once they went as far as Wainuiomata, that's a 40 mile round trip! Later, Mark cycled through the Victoria tunnel to work and it was bad luck to meet the milk cart going through.

Mark can still recall the clip clop of the horses as they made their way through the tunnel.

Mark Smith



Note from the Care Home Manager

As you may be aware I am going on Maternity Leave mid-September and would like to thank all the residents, families and staff for their support and best wishes.

Please feel free to contact us if you have any questions or concerns regarding any matters.

Take care and enjoy a lovely Spring and Summer.

Best Wishes

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