cht Waiuku newsletter

Welcome

Autumn 2024

Welcome to new residents and families who have joined the CHT Waiuku community. I hope you will enjoy your time at the facility and feel at home.

The past few months have been extremely busy with many community groups in to entertain the residents. It is wonderful to have the facility alive and rocking with live music and residents joining in with the singing.

Resident's enjoy baking with ANZAC muffins and cupcakes being prepared for morning and afternoon tea. Residents enjoyed practising their bowling skills at the ten Pin Bowling arena in Pukekohe.

Activities and Celebrations

Residents enjoying a visit from Steels & Wheels and a boat cruise on the Ratahi



Residents have been busy enjoying the sunshine with many fun activities. A highlight was the harbour cruise with Devonshire Tea 1940's style, aboard the Ratahi. The experience came complete with vintage china crockery, yummy scones laden with whipped cream and homemade jam. On a sunny day this excursion through the Waiuku Estuary on the Manukau harbour is stunning.

We hosted a very successful Steels & Wheels day in

April. Residents were thrilled when a number of Vintage cars visited the facility, taking some residents for a short car ride. Much reminiscing entailed about gone by days.

The knitting group were very busy knitting and crocheting poppies to sell prior to ANZAC Day. This initiative was a huge success. Thank you to residents, families and the wider Waiuku Community for supporting the Poppy Appeal. It was wonderful to be able to hand over \$600 to the Waiuku RSA.

In March residents celebrated the 101 birthday of Lorne B. Staff have celebrated CHT Foundation Day, Unit Administrator Day and farewelled HCA Margaret who worked night shifts for nearly 16 years. Much cake and food has been enjoyed by all. Knitting Group and knitted poppies



Prior to Mothers Day the ladies participated in a photoshoot by Fernanda our AC photographer. On Mothers Day the ladies were gifted their individual photo in a frame along with chocolates.

Improvements and Initiatives

The new front electronic door has been installed, which is making life easier for residents with walkers and wheelchairs. This has given added security to the facility as the door is locked early evening. Please ring the door bell to gain access.

The hot water boilers have been replaced which drive the underfloor heating in Sandspit and Bayview wings. The facility and residents are keeping warm.

Resident Stories

Ellie was born in Amsterdam in 1929 and was a teenager during the occupation of Holland by the Nazis. The effects of that time shaped aspects and areas of her life throughout the years. In

the early 60s along with her husband and 2 children they immigrated to NZ. Reminiscent of life in Holland, Ellie would happily climb on her bike and cycle everywhere. She took pride in her fitness and never held a drivers licence. Ellie enjoys classical music and all things nature especially birds. Her favourite reading was from the National Geographic.

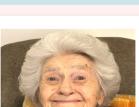
Ellie has resided at CHT Waiuku for 15 years and actively participates in all activities. Ellie enjoys playing board games with other residents and remains competitive.

Note from the Care Home Manager

Congratulations to AC Jaydon who gained acceptance into Chiropractic College. In the April school holidays it was a delight to have Casey and Tiara year 11 students from Waiuku College undertake community service. Residents enjoyed their energy and vibrancy and interacting with them. Staff farewelled RN Akshay at a shared lunch prior to travelling to Fiji to celebrate his wedding.

The knitting group are now busy knitting daffodils for Daffodil Day in September. There is great talent amongst our residents who still wish to care and show compassion for others within the community. Thank you to everyone who has contributed to CHT Waiuku and included residents in Waiuku community events.

Best Wishes Care Home Manager, Margaret Ward <u>Margaret.ward@cht.co.nz</u>



Ellie Verhoef

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