

Welcome

Autumn 2024

Kia ora and welcome to Parkhaven's first newsletter since joining with the team at CHT. It is quite hard to believe that it has only been 3 and a bit months, when it feels like we have been part of the CHT family for so much longer! We thank you for your support as we successfully made the transition in February and look forward to continuing to provide our high standard of care and support to the Parkhaven community.

We want to acknowledge Lucky Chowdry who joined us in February as Unit Co-ordinator for our Garden Community and what an asset she is to our team. If you see Lucky about, please do say hello.

Activities and Celebrations

Activities Coordinator, Afi Sadiq, as she presents 'Doing with, not to' at the CHT Activities Forum.



We have had a full calendar of activities for Parkhaven residents and team members over the last few months which have included:

- ◆ Beautiful Mother's Day celebration with cake, gifts, stories, live music and dancing
- ◆ Celebrating International Nurse's Day, International Facilities Day, Administrator's Day and Chef/ Hospitality Appreciation Day with our team
- ◆ We turned green for St Patrick's Day and solemnly remembered on ANZAC Day with our poppies and service of remembrance
- ◆ Van outings with ice creams and doughnuts and sushi and shopping
- ◆ Choir practice and church services, pet therapy and happy hours
- ◆ Art classes and so much cooking—cakes, bread, morning tea, birthday and cultural dishes
- ◆ CHT Foundation Day with food and laughter and music. We presented two awards to two special team members: the CHT Parkhaven Care Award to Jean Faitala from our nursing team, and the CHT Parkhaven Connection Award to Vai Palamo from our care giving team, to acknowledge their work at Parkhaven

Celebrating CHT Foundation Day—62 years of care, compassion, comfort, connection and companionship



Improvements and Initiatives

Unit Coordinator, Ainslie Lijeesh, and our nursing team, as we learn our new computer based care documentation system: VCare



Moving towards paper free! We have started using VCare for our documentation. Streamlined documentation means more time with our residents and better consistency with our notes and reporting. Well done to the team for embracing the change.

New look menu! Come in and have a look at our new menu, so much choice with our residents on regular diets now able to choose what they would like for their main meal of the day and a fantastic variety of flavours for all our residents to enjoy.

Resident Stories

Michael Savage

I just had my 81st Birthday at Parkhaven.

I was born in Rarotonga in 1943 and I have 4 brothers. I did a lot of travelling in my younger years around the Pacific, and ended up in China and Pakistan, exploring before returning home.

I think Parkhaven is a great place to live for older people and I think the staff are great and are really helpful and kind all round.

I think everyone who retires should come to Parkhaven!

I started coming to stay at Parkhaven for short stays but I loved it so much I found a permanent home here which my family and I chose together.

Michael's 81st birthday



Note from the Care Home Manager

Many thanks to our residents, whānau and team members for their incredible support and kindness as we navigated the change over to CHT Care Homes. We have settled in and it really has been a seamless transition, in part, because of the people who have supported us, but also because the values of CHT mirror that of Parkhaven: care, comfort, compassion, connectedness, companionship.

Please stay warm and well over the coming months and please do reach out for anything.

Ngā manaakitanga

Best Wishes

Care Home Manager,

Alex Steele

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