

Welcome

Autumn 2024

Kia ora and nau mai, haere mai to residents and families of CHT Lansdowne.

As we reflect on the past year, we are proud to present the highlights, projects, and improvements that we initiated and completed. Our projects at CHT are intentional, built for purpose, and align with our values of care, compassion, comfort, companionship, and connectedness.

As we delve in to the cold months, we remind you that winter is a time to rest and conserve energy, so we can reinvigorate during spring and summer. As a reminder, Flu and COVID vaccinations will be offered again this June.

Activities and Celebrations

The Activities team made great efforts to ensure that activities for residents reflect the 4 corner stone of Māori health model. Physical (taha tinana) mental (hauora hinengaro) social (te wairua) and family (taha whānau).

Activities are resident centred where residents find meaning to it and gives them a sense of involvement and community feel.

We also put a lot of emphasis on our staff wellbeing by providing activities to help the team to look after themselves. This is led by staff wellness champions on focus activity for our kaimahi. A variety of interests have been put up i.e. Physical wellbeing, Financial and Mental Wellbeing as well as tips for healthy family food preparation.

Snakes and Ladders activity with residents.



Magic show! Challenging the residents concept of reality through visual and sensory tricks



Mother's day celebration



Staff celebrating CHT Foundation Day



Improvements and Initiatives

Newly laid carpet tiles, and painted room doors with interior painting and installation of Led lights



This year, we have undergone several renovations and upgrades. We've installed a brand new kitchen and replaced the carpets in the hallways, lounges, and corridors with carpet tiles. To help residents easily identify their bedrooms from common areas, we have painted the interiors and residents' doors. Additionally, we have installed LED lights to provide cost-effective and environmentally friendly lighting. CHT has also invested in staff wellbeing projects and training. These

initiatives are being led by wellbeing champions.

Brand New Kitchen



Resident Stories

Warren shared that each of his mokos (tattoos) hold significant meaning to him.

He has multiple interesting mokos that often spark conversations with people he meets. The four tikis on his moko represent his wife, while the letters are the initials of his loved ones' names. Additionally, the three tikis on his back symbolise "see no evil, speak no evil, hear no evil" and represent his three daughters.

Warren expressed that he has settled in well and enjoys residing at CHT Lansdowne. He appreciates the interactions with both staff and fellow residents, finding particular interest in the diversity and learning from their life stories.

Warren Gallagher



Note from the Care Home Manager

I would like to welcome our new residents and whanau to CHT Lansdowne. Our goal is to provide a friendly, high-quality service. Your compliments are valuable to us as they motivate us to maintain our standards. Similarly, your complaints are important as they help us improve our services continuously.

We look forward to working together with you!

Best Wishes
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