

Welcome

Autumn 2024

As the leaves begin their enchanting transformation, painting the world in hues of red, orange and gold, we find ourselves captivated by the captivating beauty of fall. It's the season of change, a time when nature gracefully lets go of the old to make a way for the new. It's the time to reset, rejuvenate and start over with fresh perspectives and renewed vigour.

Much like nature, we too, can take this opportunity to embark on new journeys and embrace new beginnings of CHT Hillsborough. Welcome to Hillsborough's first newsletter as a part of CHT Care Homes.

Activities and Celebrations

Freeze the moment, it's delicious



Our Activities aim to enhance physical, emotional, social, cognitive wellbeing while incorporating cultural activities to promote a sense of identity and belonging.

We went on van outings to pre-school, library, McDonalds, a strawberry farm and Shoals Bay.

We are adding many more entertainers to complement our usual ones, we had Tani (Tongan Group), Ukulele Accords Band, Sentimental Sound and Chris.

Spiritual visits from Catholic priest, Methodist Church and Baptist Church service were welcomed.

As was a pet visit from Canine Friends.

Recently we observed the solemn occasion of ANZAC Day. We also held Annual Vaccination Day for all our residents.

Residents who cannot join us for lounge activities are not left alone, we make sure to have one on one sessions with them, just being a listening ear to their life stories, personalised pampering sessions, book reading or a walk to the garden.

Once a month we go down the Oven Fresh Café for our afternoon tea, starting from Monday our residents have expressed enthusiasm and enjoyment for the much awaited Evening Trips. The incorporation of culturally relevant activities has further enriched our resident's recreational therapy experience, moving forward we will continue to tailor activities on individual preferences.

Libraries store the energy that fuels the imagination



Improvements and Initiatives

Concerts: where memories and melodies collide



Thank you for the resident's suggestions regarding the menu process. Compass Winter Menu commenced early May and we will ensure the residents are receiving the options they would prefer.

Compass will be working hard to meet the resident needs, but also presentation and delivery are key areas they will be working on.

We are starting a weekly Happy Hour for residents and whānau, with an entertainer. Manpreet is getting more ideas and suggestions to make this hour special for our residents. We welcome residents, families and staff to wear dancing shoes for these!

Resident Stories

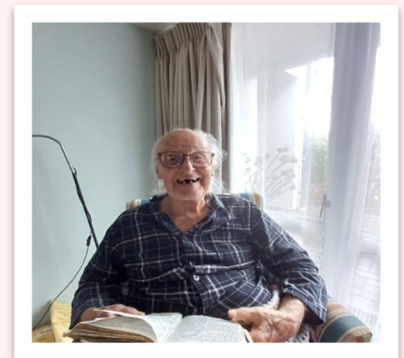
Let's say Hello to James, who has been with us since 2021. He came to New Zealand all the way from England a long time back and has lived in New Zealand for 50 years now

He enjoyed being farmer and loved being surrounded by nature.

He enjoys playing piano and is library of knowledge. He is always seen with a book in his hand and likes to talk about geography and places.

He has very supportive family who come and spend time with him.

James Walburn



Note from the Care Home Manager

Thank you for all your support and warm congratulation messages. This promotion means so much to me and I cannot thank enough CHT, Hillsborough Residents, Whānau and Staff for pushing me to be the best I could be. I am thankful for all your support, guidance and advice. I hope to complete my duties gracefully. Together we can make Hillsborough the best care home for our lovely residents.

We would like to welcome Jibin, Joyal, Jerome as our Healthcare Assistants and Eril as weekend Activity Coordinator.

Lastly, we strongly encourage residents and whānau to complete feedback surveys as this gives us an opportunity to hear your feedback. Stay warm and please feel free to contact us should you have any questions, concerns or compliments.

Ngā manaakitanga
Care Home Manager,
Jinu Thomas

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