

Welcome Autumn 2024

Kia ora Residents and Whānau,

Welcome to our Autumn newsletter. A warm welcome to our new residents and whānau who have recently joined CHT Hillcrest, we hope you are all settling in well. Please also join me in welcoming our new staff members: Ajitender Kaur and Arshdeep Kaur, who both joined us in May. Ajitender will begin studying for a Bachelor of Nursing from July and it's great to see individuals aspiring to become a Registered Nurse. Arshdeep brings four years of overseas nursing experience from India. Additionally, we welcome our new chef Shubhan, who joined us in May and works on the weekends.

Easter week activities and celebration



## **Activities and Celebrations**

St. Patrick's Day was celebrated in March as a "green day" for residents. Care staff danced with residents to Irish music, and residents watched the St. Patrick's Day celebration on TV to learn about the traditions of the day.

The CHT Hillcrest team also came together for a shared afternoon tea in March to celebrate CHT's Foundation Day. CHT provided a beautiful cake to celebrate our staff and take pride in over 60 years of caring for older people. It was a wonderful celebration and congratula-

tions were extended to Sneh and Marion, who were voted by residents as "great staff" and each received a Prezzy card.

During Easter week in March, an Easter egg hunting activity was organised indoors, in the central lounges. Residents were invited to participate in this fun event, and excitement filled the air as residents found numerous Easter eggs.

In April, during ANZAC week, residents took a trip to the Auckland War Museum. Activity Coordinators also made ANZAC biscuits.

In May, a Mother's Day celebration was held with a high tea organised for residents at Butterfly Creek's back function room. Some families joined in the celebration, resulting in lots of fun, delicious food, and happy people. Additionally, every female resident received a box of chocolates.

Mothers' day celebration





## **Improvements and Initiatives**

Fresh Fruit Patter



Food Initiatives: Previously, a cooked breakfast was served once a month. However, since March, we have started serving cooked breakfast every Monday. We are also serving fresh fruit platters to residents with the lunch meal daily. Each platter consists of 3-4 seasonal fruits providing a variety of choices.

Maintenance: Floor covering replacement is scheduled to commence around June. These are part of the continued improvements which aim to enhance the comfort and environment of our facility for residents and staff alike.

## **Resident Stories**

Wyoma Purcell is a delightful Samoan lady who has joined CHT Hillcrest care home for one year. Born in Samoa, she followed her siblings to New Zealand in 1970. Wyoma's close family visits her regularly, bringing joy and connection to her life. Wyoma is a social individual who prefers to keep her days occupied and busy, expressing a desire to participate in group activities, in-house church services, exercises, and celebrations. Wyoma has a deep love for Pacific music and songs, particularly Samoan and Hawaiian melodies. You can often hear her singing along whenever music is played. In recognition of her cultural heritage and passion for sharing it with others, Wyoma has been nominated to teach residents and staff Samoan words and songs during the upcoming Samoan Language Week. We are eager to learn from her and celebrate the richness of Samoan culture together.

## **Note from the Care Home Manager**

Staff News: Shivani Sharma has been a dedicated member of our team at CHT Hillcrest since 2016, serving as the Care Home Administrator. Her caring nature, thoughtfulness, and commitment to our facility have been invaluable. Recently, Shivani made the decision to resign. We bid her farewell with gratitude for all she has contributed over the years. We are committed to addressing any concerns you may have to ensure we meet your needs and expectations. We look forward to working with you to create a positive and fulfilling experience for all.

**Best Wishes** Care Home Manager Stella Ma stella.ma@cht.co.nz

